



Our Inclusive Community Project: Design Statement 2024



The People We Support, their families and staff shared thoughts and feelings about what is important to them and what they would like to see included at the new building at Bertha Park. They are recorded in this Design Statement.



This design statement will be used by architects designing the building so they know what is important to the people at Capability Scotland.



Shared Values and Aspirations*



Our Inclusive Community Project will support disabled people to live fulfilling lives and be part of the community.



Capability Scotland will continue to research and use their experience to deliver great care and listen to those they support.



Opportunities to develop will be offered to staff and the people we support.



Our Inclusive Community Project will provide adaptable, bespoke* and future proofed accommodation and facilities.



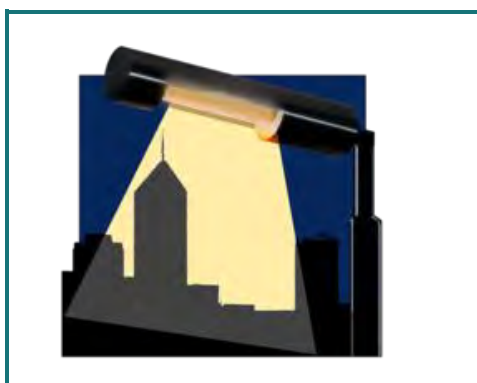
Site Layout



The new building should have good transport links.



Getting to and from the building should be easy and safe in the day and at night.



Have good lighting outside where people walk and park.



Include e-charging points for cars and bikes.



Provide safe and accessible paths to nearby natural spaces like nature walks.



Have marked staff and visitor car parking spaces. Parking located with easy route for deliveries.



Have parking and shelter for bikes close to main entrance.



Have vehicle service routes away from public areas to minimise disruption.



Have main pathways sheltered from wind using building or landscape. Pathways should be wide enough for 2 wheelchairs.



Have drop off points and covered areas for waiting.



Be clearly signposted so visitors and deliveries know where they should enter.



Include a reception desk for residents to meet and direct visitors.



Feel a secure site: CCTV and Security.
Have a secure storage yard.



Have bin recycle stores positioned out
of sight of public.



There should be easy access for
emergency vehicles.



Have space so you can build more on
site in the future.

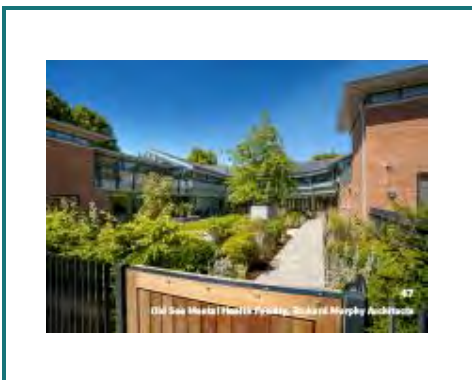
First Impressions



Our Inclusive Community Project should feel welcoming and homely, light and open, and accessible and inclusive.



Have a main entrance which is clear and easy to find.



The landscape should be an important part of the design.



The building should be well **ventilated***, have natural light and **eco-friendly*** material should be used.

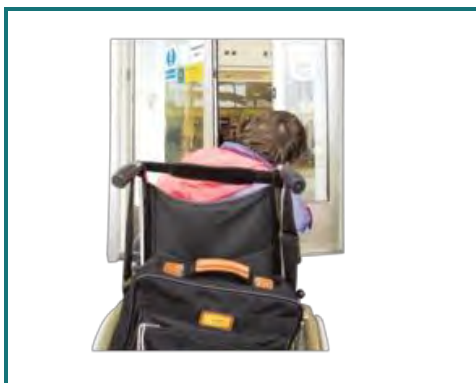


There should be somewhere to sit at the entrance and private backdoors to flats to provide shelter from wind and rain.



Pathways and entrance should be flat and smooth and wide enough for 2 wheelchairs.

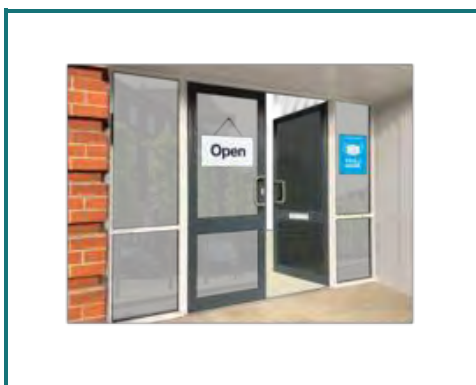
On Arrival



Reception must be accessible with barrier free paths and automatic doors.



There should be disabled parking near to main entrance.



Have a safe and secure space that is open all hours.



Provide opportunities to meet and engage with friends, family and neighbours.



Our Inclusive Community Project should have quieter spaces to allow choice.



There should be facilities such as toilets, a café, support spaces.



Include information points and the reception desk height should offer security but not be a barrier.



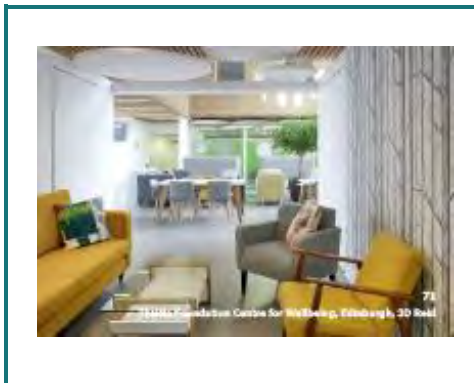
The reception area should allow for confidential discussions in a near by room.



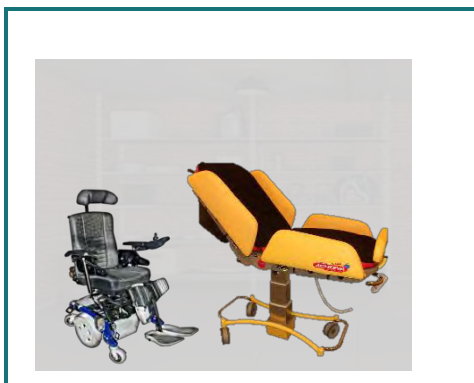
Provide a staff base office which is well connected to a reception/arrival space.



The main entrance has direct access to shared spaces for visitors and residents.



The building has a lounge/sitting area or waiting area.

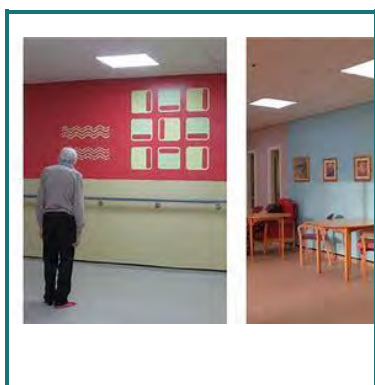


The building has a good amount of storage for wheelchairs and equipment.

Moving Around



People can move around the building independently and access all parts, including the outdoor space.



Those with a physical, sensory, mental health, dementia or other cognitive **impairments*** are supported through objects, features and signage to find their way around the building.



Include efficient storage space for equipment so there are no **obstacles*** in corridors.



Have wheelchair parking throughout accommodation and communal buildings.



Have accessible woodland/nature walks with level surface to covered open areas.



Have alcove seating in longer corridors.



Feel homely and not **institutional***



Have short routes around the building with access to windows where possible and natural light.



Have wide corridors allowing wheelchairs to pass. Avoid tight corners.



Have easy level access with lifts where required and user-friendly ramps.



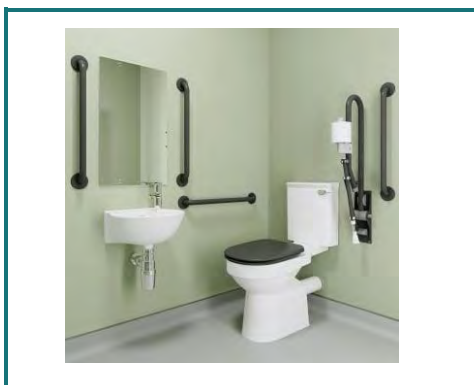
Minimise the number of doors throughout the building. Where doors are needed, make sure they are wide and automatic where possible.



Have clear routes and direct access to studio/activity spaces.



Provide charging spaces for wheelchairs where they are not in the way.



Provide accessible toilets directly from corridor for visiting family and friends.

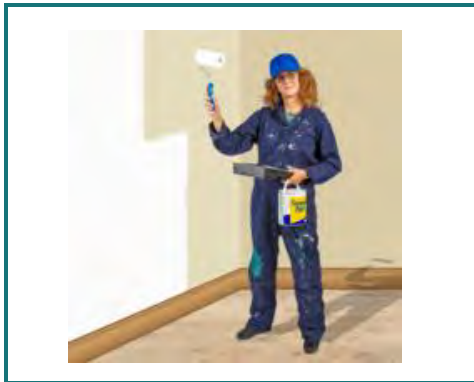


Centralise facilities to encourage interaction. Have flexible open spaces with dividers.

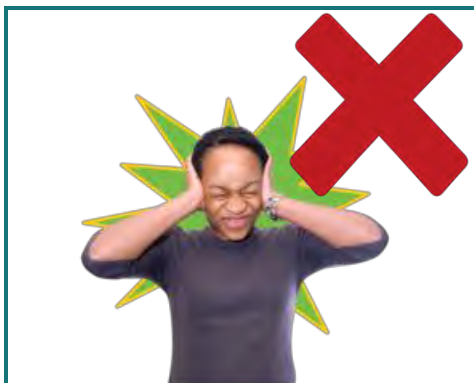
Living Spaces



Have a home environment that supports people to live as independently as possible and do things they enjoy.



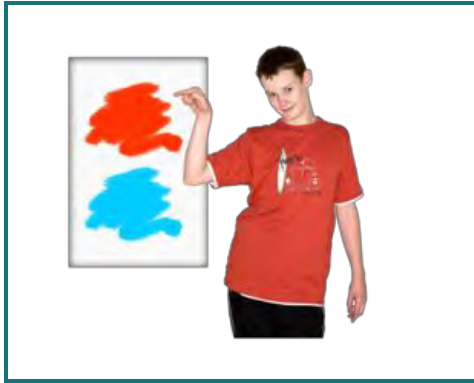
Have opportunity to decorate and personalise their living spaces.



Have no evidence of bad noise and smells



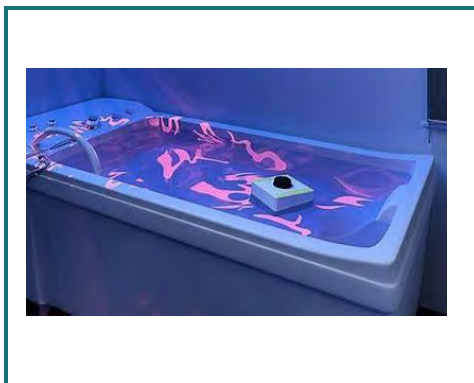
Are homely, clean and tidy.



Have nice colours and artwork to help people feel calm.



Have different showering options. For example a fold down shower bench.



Include sensory bathroom lights with music and jacuzzi.



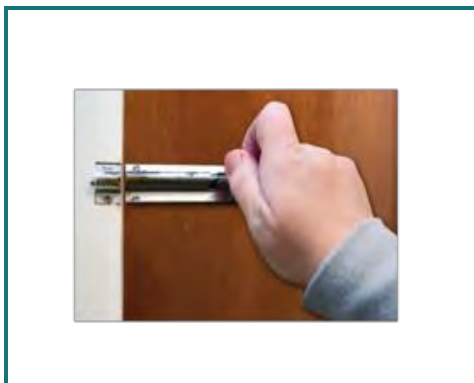
Have screening by beds to provide privacy.



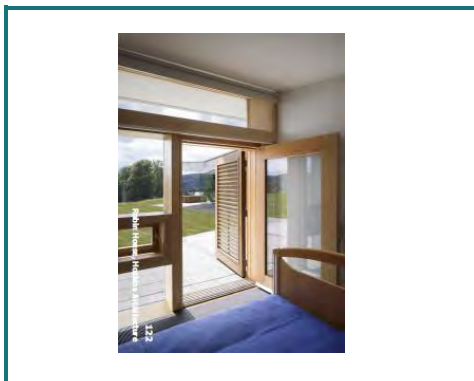
Include USB Charging points.



Provide a separate facility for visitors, nurse led care, family rooms and end of life care.



Have the option to have control over the security in their bedrooms.



Should feel warm and comfortable and have fresh air and natural light.



Have a good amount of storage space for equipment.



Have tracking hoists that are well designed and discreet.



The bedrooms should have good views to the outdoor space with large windows and a door to outside area.



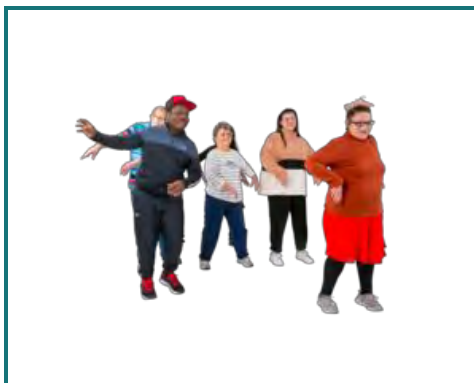
Have options to have things like Kitchenette, laundry facilities in flats and use the space as they want.



Have workspace tables for arts and crafts.



The rooms should be versatile and adaptable to individual needs.



There should be sufficient space to move around.



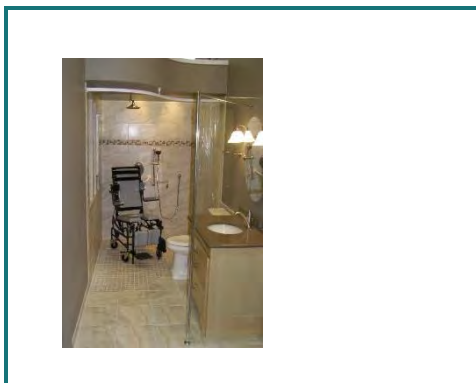
Residents should have the option to control their own environment like room temperature, lights and blinds.



There should be good Wi-Fi to connect with family and friends.



Have seating areas for families inside and outside rooms.



Have bathrooms suitable for wheelchair access and hoisting.

Shared Indoor Spaces



Have a choice to use private and shared areas.



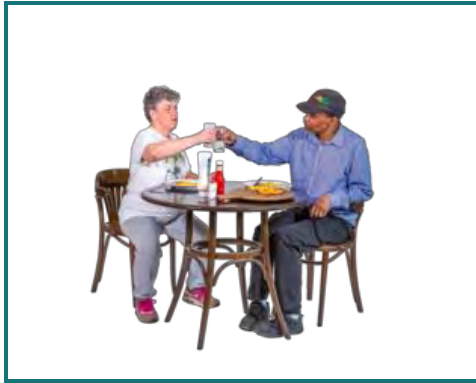
Shared spaces should be different such as calm quiet spaces and activity spaces that can hold lots of people.



There should be things such as a hydro pool, rebound, accessible gym, library and gardens on site.



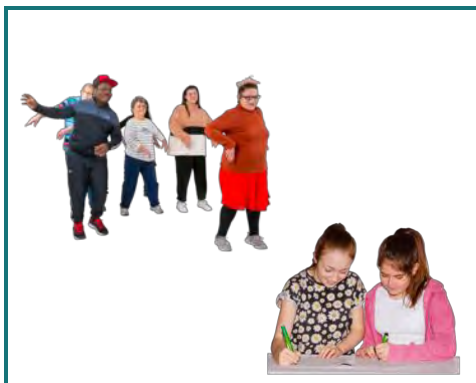
Include spaces that can be used for lots of different activities like art, music, bar, social hub.



Have access to catering facilities near the main entrance.



Provide a **discreet*** area for care staff.



Include adaptable spaces allowing for group activities and 1:1 activities.



Have different zones – some zones available to the public and others have greater privacy.



Have relaxing spaces away from busy spaces



To develop life skills have access to a communal kitchen.



Consider spaces and the process for mealtimes.



Have spaces where family and friends can be included.



Have dining areas separate to lounges.



Include a small intimate residents lounge/café.



Have multi-use space with ability to corner off sections for different activities.

Shared Outdoor Spaces



People can go outside on their own as gardens are safe and accessible and have options to get involved with gardening or other leisure activities.



Have hedges or fences not walls to provide boundaries with a range of heights.



Have a variety of outdoor spaces like sheltered and secure courtyards, shared gardens and activity spaces.



Have outdoor wheelchair activities such as accessible swings and roundabout.



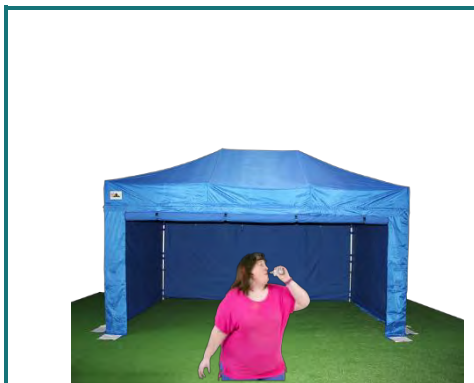
Include an outdoor space where large gatherings/parties can take place.



Have a fully accessible sensory garden.



Have externally accessed toilets or changing place.



Includes covered outdoor smoking areas.



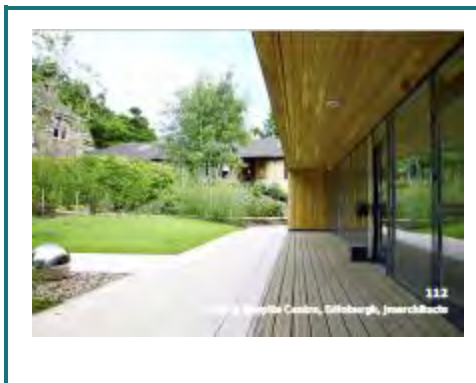
Have raised flower beds.



Includes a sun lounge or greenhouse.



Have spaces to relax outdoors which have shelter.



Have covered areas close to the building to shelter from the sun and rain.

Support Spaces



People are supported in an enabling environment and given opportunities to extend horizons.



The location and the culture of the building should support the inclusion of family and friends.



Include being able to plan for family members to sometimes stay over.



Offer support for lifelong learning, personal development and education. Involve people in meaningful everyday tasks like cooking and shopping.



Have opportunities to connect with the wider community through inclusive activities like Makaton signing group, line dancing, adaptable bikes.



Have spaces such as an Inclusive Gym designed for people with disabilities, hydrotherapy pool, rebound therapy room, theatre and bar.



Consider including a café to enable interaction between Capability Scotland and the local community.



Use as a shared community facility. Consider multi-use space for dentist, hairdresser.



Day spaces with access to workbenches for crafts.



Explore the use of gaming and Virtual Reality experience technology.



Take advantage of developments in technology enabled care.



Flexible space for use by other charities to provide information and offer support for families.



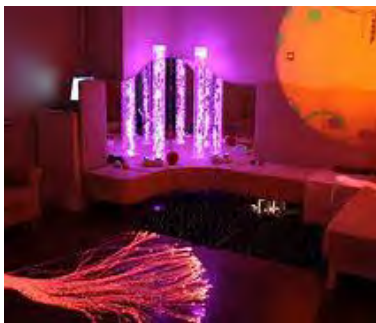
Have meeting rooms/education areas and waiting areas for individual use or area for special events.



Have accessible laundry arrangements



Have accessible cooking facilities.



Have a sensory room.



Include small catch up rooms for 2 people and direct access for staff.



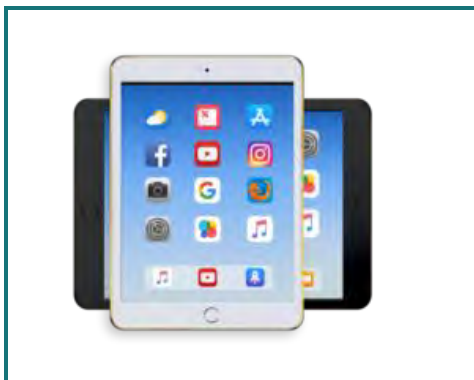
Wellbeing



Wellbeing of staff is important so they stay healthy and can continue to engage and offer person centred support.



Have special allocated time for staff time to use facilities such as gym and hydro pool.



Have technology to assist communication and allow supervision without being on call.



Have something in place for staff to sleepover in emergency.



Consider free staff meals.



Have external areas where staff can walk.



Include a dedicated place for staff to make food/refreshments.



Have lockers for staffs personal storage.



Have toilets just for staff.



Have a toilet for visitor use.



Supporting Relationships and Training



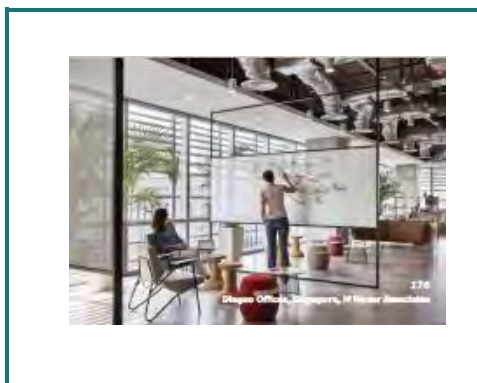
Training staff is important to the wellbeing of the people they support.



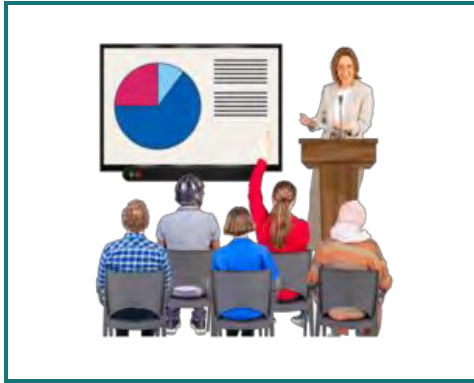
Think about how we can recruit and retain therapy staff.



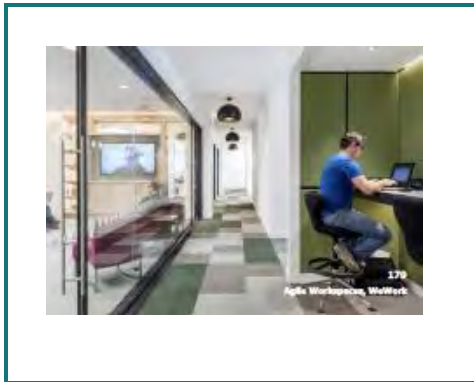
Have more staff at key times like mealtimes and activities.



Have flexible spaces for group learning and access to IT.



Rooms that can be used by visiting services, students and pop up services.



Team leaders based within services and accessible.



A flexible space that could be used to hold large staff meetings with access to a kitchenette.

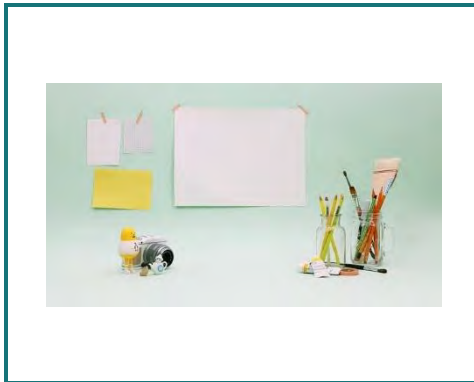


Interview rooms/spaces for meeting with family members.

Staff Working Environment



The layout of Our Inclusive Community Project must promote team working across all service providers.



Have the ability to personalise workspaces.



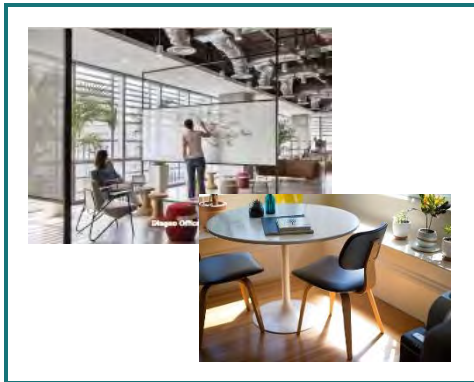
Avoid overheating and glare on monitor via rooflights.



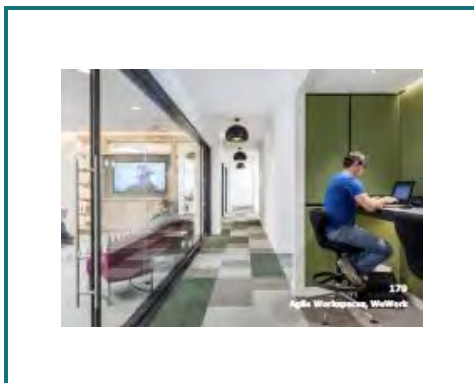
Internal finishes and maintenance must be considered from a cleaning and maintenance point of view.



Staff can control temperatures in staff workplaces.



Flexible working spaces to suit a variety of working environments.



Consider location of staff offices so they are accessible but not intrusive in peoples homes.



Enable effective communication over two floors with easy flexible routes.

Glossary

Aspirations	Really want or wish for
Bespoke	Made specially for a particular person/organisation
Well Ventilated	Have fresh air moving around the building
Eco-friendly	Not harmful to the environment
Impairment	Condition where part of a person's mind or body damaged or not working properly
Obstacles	A thing that gets in the way
Institutional	Looks like a building where people are looked after like a hospital
Discreet	Not easily noticed

